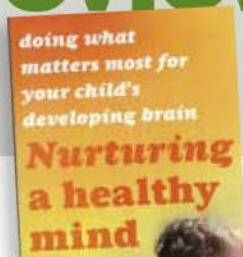


book reviews



NURTURING A HEALTHY MIND

DOING WHAT MATTERS MOST FOR YOUR CHILD'S DEVELOPING BRAIN

By Michael Nagel PhD

RRP: \$32.99
eBook: \$9.99
Publisher: Exisle Publishing
ISBN: 9781921966026
www.exislepublishing.com

President George Bush (senior) dedicated the 1990s as the 'Decade of the Brain' making brain research a matter of important policy. Since then, much has been gleaned of how the brain grows, learns and operates. This book unlocks many questions and insights related to conception, birth and the early years of life to help ensure children have the best possible chance of healthy development.

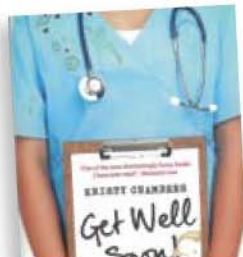


THE WILL TO LIVE, THE COURAGE TO DIE

By Tracey Roberts

RRP: \$34.99
Publisher: A&A Book Publishing
ISBN: 9780987290069
www.aampersanda.com

This intensely personal memoir is written by Tracey Roberts of her experience of the autumn of 2010, where a tragic surfing accident left her uncle Peter Bilsborough with severe spinal cord injuries and no chance of recovery. "The Will to Live, the Courage to Die", is as its bio says a profound and deeply moving account of Peter's final months. Peter's has a message for everyone: make the most of what you have, never take life for granted and live every day like it's your last.

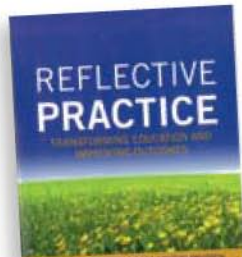


GET WELL SOON MY (UN) BRILLIANT CAREER AS A NURSE

By Kristy Chambers

RRP: \$24.95
Publisher: University of Queensland Press
ISBN: 9780702239205
www.goodreads.com

Falling into nursing, Kristy Chambers has spent almost a decade working in the profession. During that time she has met all sorts of patients ranging from drug addicts through to cancer patients, to those in emergency. "Get well Soon" is her account about the people she has met along the way and the highs and lows of nursing. Humorously portrayed, Kristy writes with honesty, heart and compassion.



REFLECTIVE PRACTICE TRANSFORMING EDUCATION AND IMPROVING OUTCOMES

By Gwen D. Sherwood and Sara Horton-Deutsch

RRP: \$39.95
Publisher: Honor Society of Nursing, Sigma Theta Tau International
ISBN: 9781935476795
www.nursingknowledge.org/STTIbooks

Reflective practice is a necessary part of nursing practice to help make sense of workplace issues, complex patient needs and the impact of dealing with life, death and loss. Through reflection we can change future actions and responses, including improving patient outcomes and reducing error. "Reflective Practice" is a framework to help nurses reflect in all aspects of the nursing process.

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